

Allergen Matrix

Ellacombe Spring 2026



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

Pri Potato Wedges (Homemade)													
Chicken and Leek Pie					✓ Wheat								
Pri 5 Bean Chilli												✓	
Pri Apple Cake			✓		✓ Wheat								?
Pri Baked Beans													
Pri Banana Cake			✓		✓ Wheat								?
Pri Baton Carrots												✓	
Pri Black Bean & Mozzarella Quesadilla					✓ Wheat		✓		?			✓	
Pri Blueberry Muffin			✓		✓ Wheat								?

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Homemade Focaccia Bread					 Wheat									
Pri Homemade Tomato & Herb Bread					 Wheat									
Pri Hummus Wrap					 Wheat									
Pri Ice Cream Pot														
Pri Jacket Potato with Beans & Salad														
Pri Jacket Potato With Cheese & Salad														
Pri Jacket Potato With Cheese, Beans & Salad														
Pri Jacket Potato with Tuna Mayonnaise & Salad														
Pri Lemon Drizzle Cake					 Wheat									
Pri Lentil & Vegetable Curry ONLY					 Wheat									
Pri Macaroni Cheese					 Wheat									

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Margherita Pizza					 <i>Wheat</i>									
Pri Mashed Potato														
Pri Melon & Orange Wedges														
Pri Mild Chicken Korma ONLY														
Pri Naan Bread					 <i>Wheat</i>									
Pri Oaty Cookie					 <i>Oats, Wheat (Barley*, Rye*)</i>									
Pri Peas														
Pri Penne Pasta					 <i>Wheat</i>									
Pri Pepperoni Pizza					 <i>Wheat</i>									
Pri Plant Based Raspberry Jelly														
Pri Raspberry Muffin					 <i>Wheat</i>									

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Red Pepper Frittata														
Pri Roast Chicken														
Pri Roast Gammon														
Pri Roast Potatoes														
Pri Roast Turkey														
Pri Roasted Vegetable & Tomato Pasta Bake					 <i>Wheat</i>									
Pri Salad (Tomato, Cucumber & Iceberg)														
Pri Salad Sticks (PREPPED Carrot)														
Pri Salmon Fingers					 <i>Wheat</i>									
PRI Sandwich - 50/50 - Egg Mayo					 <i>Wheat</i>									
PRI Sandwich - 50/50 - Ham Sandwich					 <i>Wheat</i>									

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
PRI Vegetable Stir Fry														
Pri Vegetarian Sausage					 <i>Wheat</i>									
Pri White & Wholegrain Rice														
Pri White & Wholewheat Penne					 <i>Wheat</i>									
Pri Wrap Cheese					 <i>Wheat</i>									
Pri Wrap Ham					 <i>Wheat</i>									

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 May contain  Does contain

*Allergens in brackets are a May Contain.