

Annex 1 Oak Curriculum Map: Statutory Content Single Age Classes

Each school's exact Curriculum Map will be on websites, as per their class structure.

Identified key knowledge within each thread curriculum mapped so that knowledge builds sequentially unit on unit.

Threads and Unit planning.

1. Communities: 1 unit per year.

2. Relationships: 3 units per year: Family, Friendships and Power in Relationships.

3. Online Safety: 2 units per year: Media Influence and Our Online Lives

4. Wellbeing: 3-4 units per year: Emotions, Physical Health and Staying Safe in every year with addition of Risky substances in some years.

5. Growing up: 2 units in total. 1 in Year 4 and the other repeated in Year 5 and Y6.

The key thread of growing up focuses on body changes during puberty for boys and girls this begins in year 4 and will be built upon and revisited in year 5 and year 6 so that children embed their knowledge before moving onto secondary school. 1 additional lesson split boys/ girls for discussion per unit.

Year 1		
1 Emotions: How do I feel today? Unit info >	2 Communities: Who am I? Who are you? Unit info >	3 Healthy relationships: Who's in my family? Unit info >
4 Healthy relationships: What makes a good friend? Unit info >	5 Power in relationships: When do I feel safe? Unit info >	6 Media influence: How do I decide what to do online? Unit info >
7 Our online lives: What should I do if I feel unsafe online? Unit info >	8 Physical health: How can I look after my body? Unit info >	9 Staying safe and healthy: How can I look after my body? Unit info >

Year 2

1



Emotions: What helps me to be happy?

[Unit info >](#)

2



Communities: Who is in my community?

[Unit info >](#)

3



Healthy relationships: What does a family look like?

[Unit info >](#)

4



Power in relationships: Should I keep secrets?

[Unit info >](#)

5



Media influence: Is everything I see online true?

[Unit info >](#)

6



Our online lives: Who should I talk to online?

[Unit info >](#)

7



Physical health: How do I eat a balanced diet?

[Unit info >](#)

8



Risky substances: How do I stay safe at home?

[Unit info >](#)

9



Staying safe and healthy: How can I take responsibility for my health?

[Unit info >](#)

10



Healthy relationships: How can we stop bullying?

[Unit info >](#)

Year 3

1



Emotions: How can I manage my emotions?

[Unit info >](#)

2



Communities: What does it mean to be British?

[Unit info >](#)

3



Healthy relationships: How can I help my family?

[Unit info >](#)

4



Healthy relationships: Are friendships ever perfect?

[Unit info >](#)

5



Power in relationships: Who does my body belong to?

[Unit info >](#)

6



Media influence: How do I keep myself safe online?

[Unit info >](#)

7



Our online lives: How can I be kind and happy online?

[Unit info >](#)

8



Physical health: How can I get active and eat well every day?

[Unit info >](#)

9



Staying safe and healthy: How can I stay safe while out and about?

[Unit info >](#)

Year 4

1



Emotions: How can we add to our emotions toolkit?

[Unit info >](#)

2



Communities: How are we all different?

[Unit info >](#)

3



Healthy relationships: Do all families look the same?

[Unit info >](#)

4



Healthy relationships: Are all friends the same?

[Unit info >](#)

5



Power in relationships: What does a healthy relationship feel like?

[Unit info >](#)

6



Media influence: What is fake news?

[Unit info >](#)

7



Our online lives: How do I decide who to trust online?

[Unit info >](#)

8



Physical health: What makes a balanced lifestyle?

[Unit info >](#)

9



Staying safe and healthy: How do I avoid getting ill?

[Unit info >](#)

10



Puberty: How will I change as I grow up?

[Unit info >](#)

Year 5

1



Emotions: How can we manage challenges?

[Unit info >](#)

2



Communities: How can we ensure fairness and respect for women and girls?

[Unit info >](#)

3



Healthy relationships: Is there such a thing as a perfect family?

[Unit info >](#)

4



Healthy relationships: How can I be a great friend?

[Unit info >](#)

5



Power in relationships: How do I get help if I don't feel safe?

[Unit info >](#)

6



Media influence: Who decides what I experience in the online world?

[Unit info >](#)

7



Our online lives: How do I thrive online?

[Unit info >](#)

8



Physical health: Is it hard to be healthy?

[Unit info >](#)

9



Risky substances: Why do people get addicted?

[Unit info >](#)

10



Staying safe and healthy: How can I avoid harm?

[Unit info >](#)

Year 6

1



Emotions: How can we manage our emotions through periods of change?

[Unit info >](#)

2



Communities: How can we show respect to people of different races and cultures?

[Unit info >](#)

3



Healthy relationships: How can we live in harmony?

[Unit info >](#)

4



Healthy relationships: How can we have healthy boundaries?

[Unit info >](#)

5



Power in relationships: What are my boundaries?

[Unit info >](#)

6



Media influence: How do I decide what is true online?

[Unit info >](#)

7



Our online lives: What should I share online?

[Unit info >](#)

8



Physical health: How do I plan a healthy week?

[Unit info >](#)

9



Risky substances: Why do people use alcohol and drugs?

[Unit info >](#)

10



Staying safe and healthy: How can I save a life?

[Unit info >](#)

11



Puberty: What happens during adolescence?

[Unit info >](#)

See Annex 2 for Non Statutory Content: Sex Education.

Sex Education will be taught using the current Christopher Winter Project resources for Year 6 children only.